








**Locations**

(CA)– Common Area  
 (MD)—Main Dining Area  
 (CW)– C Wing  
 (RV)- Room Visits  
 (CY)- Court yard

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 9:45 Bible Devotional ~ MD 10:30 Joel Osteen Service ~MD <b>2:15 Last Home Game Cardinals Social ~ CA</b> <b>3:00 Twin Rivers Church ~ MD</b>	<b>2</b> 10:00 Rosary ~ MD 10:00 Music w/Walter ~ CW <b>10:45 Music and Memory W/Walter ~ MD</b> 2:00 Move to Music ~ MD 2:45 Bingo ~ MD <i>Social Service Shopping Day</i>	<b>3</b> 9:45 Move to Music ~ MD 10:00 Music Therapy ~ CW 10:30 Activity Planning ~ MD 1:30 Pretty Nails - CA <b>2:00 Catholic Mass ~ MD</b>	<b>4</b> 10:00 Bingo ~ MD 10:00 Musical Me ~ CW 1:30 Ice Cream Cart ~ MD 3:00 Harvest Ridge Children Visit ~ MD	<b>5</b> 10:00 Hymns and Praise ~ MD 10:00 Cooking Class ~ CW 2:30 Door to Door Reading Material ~ RV 3:30 Homemaking ~ CW <b>6:30 Evening Bingo ~ MD</b>	<b>6</b> 10:00 Travel to Africa w/ Kevin ~ MD <b>2:00 Voter Registration ~ MD</b> 3:00 Resident Volunteer Meeting ~ MD 3:00 Spa Time ~ CW	<b>7</b> 10:30 Bingo ~ MD 1:30 General Store Shopping ~ MD 2:15 Wii Games~ MD
<b>8</b> 9:45 Bible Video ~ MD 10:30 Joel Osteen Service ~ MD 1:30 Ocean Painting ~ MD	<b>9</b> 10:00 Rosary ~ MD 10:30 Coffee Chat ~ CW 11:00 Random Trivia ~ MD 2:00 Move to Music ~ MD 2:45 Bingo ~ MD	<b>10</b> 9:45 Move to Music ~ MD 10:00 Music Therapy ~ CW 10:30 Jingo~ MD 1:30 Pretty Nails - CA <b>2:00 Catholic Mass ~ MD Anointing Day</b>	<b>11</b> 10:00 Sensory Sensation ~ CW <b>10:00 Resident Rights Bingo ~ MD</b> 1:30 Ice Cream Cart ~ RV <b>3:00 Precious Memories Choir ~ MD</b> 3:30 Memory Games ~ CW	<b>12</b> 10:00 Hymns and Praise ~ MD <b>11:00 Resident Council ~ MD</b> 10:00 Sweet Treat Halloween Bingo ~ CW 2:30 Door to Door Reading Material ~ RV 3:30 Crafts and Snacks~ CW <b>6:00 Pet Visits ~ RV</b>	<b>13</b> 10:00 Bryan Foggs ~ MD <b>Resident Buffett</b> 1:30 Resident Volunteer Meeting ~ MD 3:00 Spa Time~ CW <i>Shopping List Due to</i>	<b>14</b> 10:30 Bingo ~ MD 1:30 General Store Shopping ~ MD 2:15 Jokereno ~ MD
<b>15</b> 10:00 Bible Devotional ~ MD 10:30 Joel Osteen Service ~ MD 1:30 Bird Feeder Tray Craft ~ MD <b>3:00 Twin Rivers Church ~ MD</b>	<b>16</b> 10:00 Rosary ~ MD 10:00 Music w/Walter ~ CW <b>10:45 Music and Memory W/Walter ~ MD</b> 2:00 Move to Music ~ MD 2:45 Bingo ~ MD <i>Social Service Shopping Day</i>	<b>17</b> 10:00 Ridge Crest Baptist ~ CW <b>10:30 Ridge Crest Baptist ~ MD</b> 1:30 Pretty Nails ~ CA <b>2:00 Catholic Mass ~ MD</b> 3:00 Independent Card Games ~ MD <b>Social Services Shopping Day</b>	<b>18</b> 10:00 Bingo ~ MD 10:00 Music and Movement ~ CW <b>Dine In Captain D's</b> 1:30 Ice Cream Cart ~ RV <b>2:00 Love on a Leash ~ RV</b> 3:30 Vitality Ballet ~ MD	<b>19</b> 10:00 Hymns & Praise ~ MD 10:00 Edible Necklace ~ CW <b>11:00 Food Committee w/ Karl ~ MD</b> 3:00 Door to Door Reading Material ~ RV 3:30 Balloon Toss ~ CW <b>6:00 Pet Visits ~ RV</b>	<b>20</b> 10:30 Halloween Cooking Club—Carmel Apples and Pumpkin Carving ~ MD 1:30 Watercolor Mary Beth ~ MD <b>3:00 Resident Volunteer Meeting ~ MD</b>	<b>21</b> 10:30 Bingo ~ MD  <b>2:00 Trick or Treat Ariel and Spiderman Dale the Balloon Twister</b>
<b>22</b> 9:45 Bible Bingo ~ MD 10:30 Joel Osteen Service ~ MD 1:10 Halloween Movie - Adams Family ~ MD <b>3:00 Twin Rivers Church ~ MD</b>	<b>23</b> 10:00 Rosary ~ MD 10:30 Balloon Volleyball ~ CW 11:00 Reminisce Trivia ~ MD 2:00 Move to Music ~ MD 2:45 Casino Time ~ MD	<b>24</b> 9:45 Move to Music ~ MD 10:00 Music Therapy ~ CW 10:30 Travel to New Orleans ~ MD 1:30 Pretty Nails ~ CA <b>2:00 Catholic Mass ~ MD</b>	<b>25</b> 10:00 Bingo ~ MD 10:00 Halloween Crafts ~ CW 1:30 Ice Cream Cart ~ RV <b>1:45 Lutheran Church Service ~ MD</b> 3:30 Pumpkin Carving ~ CW	<b>26</b> 10:00 Hymns & Praise ~ MD 10:00 Halloween Party~ CW <b>2:00 Outing to Fishing</b> 3:00 Door to Door Reading Material ~ RV 3:30 Snack Social ~ CW <b>6:30 Evening Bingo ~ MD</b>	<b>27</b> 10:00 Anita Rosemond ~ MD 1:00 Resident Volunteer Meeting ~ MD <b>2:00 Monthly Birthday Party ~ MD</b> 3:00 Spa Time ~ CW	<b>28</b> 10:30 Bingo ~ MD  <b>2:00 Family and Friends Alzheimer's Class W/ Alzheimer's Association</b>
<b>29</b> 9:15 Visiting Pastor Church Service ~ MD 10:30 Joel Osteen Service ~ MD <b>1:10 Movie—Who Framed Rodger Rabbit~ MD</b> <b>3:00 Twin Rivers Church ~ MD</b>	<b>30</b> 10:00 Rosary ~ MD 10:30 Parachute Exercise ~ CW 11:00 Random Trivia 2:00 Move to Music ~ MD 2:45 Bingo ~ MD	<b>31</b> 10:00 Creepy Crawly Halloween W/Steve Serengeti and his reptiles ~ MD 1:30 Pretty Nails ~ CA <b>2:00 Catholic Mass ~ MD</b>	 <p>Join us Halloween Day</p>	Africa With Kevin 10/6 10 am 	  <p>Trick-or-Treat Event Saturday October 22 at 2pm. Enjoy meet and greet with characters and free Door prizes and giveaways</p>	 <p>All are welcome for this special education class!!! 10/28</p>

Large Print Books and Independent activity supplies are always available in the Common Area.

Individualized programming and Door to Door Visits are offered weekly.

Programs, times, and locations subject to change

Our volunteer program is unique . Out of the many ways family and friends could choose to spend their time, they choose to be with us. Why, you ask? Well, it's because we support their talents and interests! No, we wont ask you to do something that you may not be interested in or want to do just because you said you wanted to volunteer. We personally tailor each and everyone of our volunteer programs around the volunteer then pair them with those residents who would benefit from their services. It's been a win win!

Just ask Cody Bear. She is working hard to become a therapy dog with the CHAMP training program. She is a residents grand-daughters dog who started visiting with us as a puppy.

Cody knows when she is here she not only gets to visit with one of her favorite family member but enjoys spending time with us too!

Cody Bear and her mom, Karen, expressed wanting to make the official leap to volunteer as they find it hard to get to grandmas room without making someone else smile.

We hope to share Cody's future achievements with you.

We would also love to help you start your personalized journey as a part of the EPIC NHC Volunteer Team.

See Nichole in Recreation for more information.



About Cody in her words:

My role here at NHC is to put a smile on the residents' faces by giving everyone a kiss or paw shake. I began my journey when I started visiting my great-grandmother, Anna Genovese 2 years ago.

I like visiting with residents and getting treats! I love all the attention too. I will do almost anything for treat, cookie or kind word to motivate me to be a good dog.

I was born a Seivers Retrievers in Mepper, Illinois. I currently live in Weldon Springs. My Mom is Jerry and Dad is Chester. I have seven dog siblings.

My human sisters are Kaitlyn and Emily. I love to go to Starbucks with them to get a puppy whip or a donut hole at Krispy Kreme. I enjoy going anywhere in the car. My hobbies include duck hunting in the fall and swimming anytime of the year. My favorite food is a banana. I love to go to McDonalds for apples or any drive through for a treat.

I Can dive off the diving board to fetch my tennis ball and then climb out of the pool via the ladder. My greatest accomplishment was when I fetched and retrieved my first duck last fall at the duck club.

I look forward to meeting you! Wouldn't you join me in becoming a part of the volunteer team here?