

NHC ST. CHARLES

35 Sugar Maple Lane
St. Charles, MO 63303

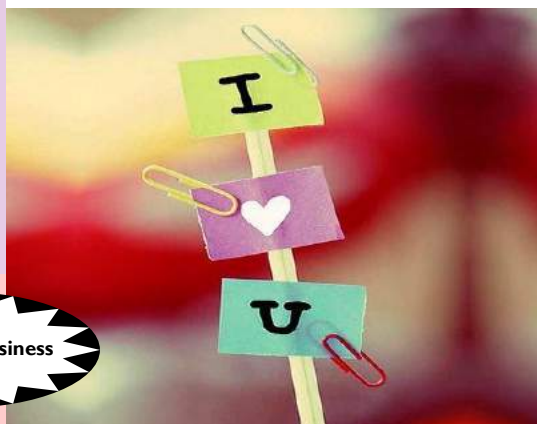
Seth Peimann	Administrator
Stacy Arroyo	Director of Bookkeeping
Yolanda Nash	Health Info Services Dir.
Marniquece Campbell	Dietary Manager
Nichole Bouchard	Director of Recreations
Wendy Conway	Director of Nursing
Kyra Luther	Director of Social Services
Donna Davis	Facility Rehab Coordinator
Karl Schnoor RD	Director of Dietary
Edward Oketch	Director of Maintenance

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Care is our business

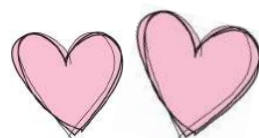


NHC
HEALTH CARE
ST. CHARLES

News & Notes

Vol. 13, Issue 2 February 2019

February Fun!



Friday, Feb 1st:

10:30am Chocolate Covered
Strawberry Cupcakes with Lauren

Sunday, Feb 10th

10:30 Dine In Friedens Church Supper

Thursday, Feb 14th:

10:45am Resident Council
2pm Chocolate Fountain

Friday, Feb 15th:

10:30am Music with Kati
11:30am Resident Buffet, Free lunch
with your loved one!

Tuesday, Feb 5th and 19th:

Social Services shopping day
List due by Friday before

Friday, Feb 22nd:

10:30am Music with Diane

Please Note the Change for
Meal of the Month!

1/15/19 not 1/6/19

Mom & Dad, on Valentine's Day I am reminded
that no one in my life
gives more love than you do.
You care so deeply and give so much;
Without you,
I couldn't be the person I am.
You are the foundation of my life.
Your encouragement and support
make everything seem possible,
because I know
you'll always be there for me,
to cheer me, to comfort me,
to give me a boost when I need it.
On Valentine's Day I want you to know
that I love you, I appreciate you,
and I feel so blessed that you are my parents!

Just a reminder: We are using electronic health records (EHR). With electronic health records, has come new ways to put in information. When we first made the switch to EHR, nursing partners were using what looked like cell phones to document or chart. These devices have been upgraded to a larger model. Please know that these devices are NHC devices for the nursing partners to complete their work on.

For the safety of our residents and the building please make sure that you and your guests are signing in at the front desk.
Thank you!

We will be having our dine-in from Friedens Church on Valentine's day not on a weekday per residents vote. This will be an all-inclusive meal for \$13.00. Roast beef, pork sausage, sauerkraut, mashed potatoes, green beans, applesauce, and pie. If your loved one is interested in taking part, they have the option to order and pay cash to the front desk or use their resident trust by signing the back of the order form. The order is due no later than Thursday, February 8.

We will have a chocolate fountain in the afternoon of Valentine's Day with plenty of items to dip.



Mike's Balloon Creations will be here to teach a balloon twisting class with the Harvest Ridge Kids on the 6th.

What is groundhog day?

Groundhog day is the day each year, according to legend, when the groundhog comes out of his or her little underground house and tries to tell us whether spring will come early or late.

Groundhog day is always on February 2nd.

It happens like this: The groundhog – also called a woodchuck - who lives in Canada and the northeastern U.S., is very energy conscious. In fall it builds its burrow, usually with three little rooms, below the frost-line and insulates the walls with grass. It curls up and goes to sleep. Its body temperature falls, and its pulse slows. This long sleep is called hibernation.

In the legend, the groundhog always gets up on February 2nd. Strange as it may seem, if there's a wintery sun shining so the groundhog can see its shadow, it decides that spring is still in six weeks away. So it goes back to sleep! But if the day is very cloudy and it can't see its shadow, it decides that spring is near and it had better stay up.

Please remember that all activities on the calendar are not just for residents. We love it when family joins us even if you prefer to watch. If you see something that sounds interesting to you and your loved join us!

Welcome

- Carl Helton
- Renate Banerjee
- Hattie Moutrie
- Edgar Schafer
- Obie Hodges
- Lorraine Moriarty
- Janice Turner

Home

- Mary Reiter
- Jeanette Honerkamp
- Joann Hopkins
- Mary Dannerger
- Ed Howell
- Betty Graham
- Marion Stricker
- Margie Scott
- Rhonda Clark
- Theresa Springmeyer
- Ethel Crump
- Glenn Dumeq



FEBRUARY BIRTHDAYS

- | | |
|--------------------|------|
| JACQUELYN EBERT | 2/11 |
| MARILYN BREMERKAMP | 2/22 |
| PAM FLEISHER | 2/27 |
| KAY ZICHLER | 2/28 |
| MARIE LOYD | 2/29 |

In Memory

- Donald Kelley
- Molly Kientzy
- Martin Rudloff
- Patricia Taff
- Grace McKenzie
- Jane Hollaway
- Darlene Kifer