

Locations

(CA)– Common Area
 (MD)—Main Dining Area
 (CW)— C Wing
 (RV)- Room Visits
 (CY)- Court yard



Locations

(CA)– Common Area
 (MD)—Main Dining Area
 (CW)— C Wing
 (RV)- Room Visits
 (CY)- Court yard

Sun

Mon

Tue

Wed

Thu

Fri

Sat



1
 10:00 Hymns & Praise ~ MD
 10:30 Roll-a-Face pumpkin ~ CW
 2:00 Resident Volunteer Meeting ~ MD
 3:30 Card Games ~ CW
 3:30 Door to Door Reading Material -RV
 6:30 Evening Bingo ~ MD

2
 10:30 Music W/ Bryan Foggs ~ MD
 2:00 Arts & Crafts Marbled Fall Leaves ~ MD
 2:00 Sensory Stimulation ~ CW

3
 10:30 Bingo ~ MD
 1:30 The Bingo Store ~ MD
 2:30 Board Games Monopoly ~ MD

4
 9:45 Bible Study W/ Lorrie~ MD
 10:30 Joel Osteen Service~MD
 2:00 Sign Language Class~ MD

5
 10:00 Rosary-MD
 10:00 Music W/ Walter ~ CW
 10:45 Music W/Walter ~ MD
 1:30 Butterfly Craft ~ MD
 2:45 Bingo -MD

6
 10 Music Therapy ~ CW
 10:30 Activity Planning ~ MD
 1:30 Pretty Nails B/C ~ CA
 2:00 Catholic Mass ~ MD
 Social Services Shopping Day

7
 10:00 Coloring Crafts ~ CW
 10:30 Bingo~ MD
 2:30 Harvest Ridge Children Visit Snacks and Crafts

8
 10:00 Hymns & Praise ~ MD
 10:45 Resident Council - MD
 2:00 Resident Volunteer ~ MD
 3:30 Coffee Chat~ CW
 3:30 Door to Door Reading Material -RV
 6:00 Pet Visit ~ RV

9
 10:30 Eulentrop Family Band ~MD
 2:00 Library To You ~ MD
 2:00 Spa Time ~ CW
 Shopping List Due to Social Services

10
 10:30 Bingo ~ MD
 1:15 The Bingo Store ~ MD
 2:30 Pickled Item Tasting Social ~ MD
 6:00 Movie with Sarah ~ CW

11
 Veteran's Day
 10:30 Honor Our Veteran's - Music W/ Rob Callmeyer
 2:00 Bible Video ~ MD

12
 10:00 Rosary ~ MD
 10:30 Horse Racing ~ MD
 1:30 Balloon Volleyball ~ CW
 2:45 Bingo ~ MD

13
 10:00 Music Therapy ~ CW
 10:30 Dear Abby ~MD
 1:30 Pretty Nails- A/D -CA
 2:00 Catholic Mass -MD

14
 9:30 Bible Study W/ Larry ~ MD
 10:00 Move to Music ~ CW
 10:30 Bingo ~ MD
 1:30 Ice Cream Cart ~ RV
 3:00 Precious Memories Choir~ MD

15
 10:00 Hymns and Praise ~MD
 10:30 Food Committee ~ MD
 2:00 Travel to Costa Rica ~ MD
 3:30 Door to Door Reading Material ~ RV
 3:45 Yahtzee ~ CW
 6:00 Pet Visits ~ CA/RV

16
 10:00 Bingo
 Lunch Served Early
 6pm Feast
 Shopping List Due to Social Services
 Dine In Due

17
 10:00 AppleJack Therapy Horse ~ MD
 2:00 Bingo ~ MD

18
 9:45 Bible Study With Lorrie ~ MD
 10:30 Joel Osteen Service ~MD
 2:00 Farkel Dice Game ~ MD

19
 10:00 Rosary ~ MD
 10:00 Music W/ Walter ~ CW
 10:45 Music & Memory W/Walter ~ MD
 2:45 Bingo ~ MD

20
 10:00 Ridge Crest Baptist ~ CW
 10:15 Ridge Crest Baptist ~ MD
 1:30 Pretty Nails B/C ~ CA
 2:00 Catholic Mass ~ MD
 Social Service Shopping Day

21
 10:00 Marble Painting~ CW
 10:30 Bingo~ MD
 Dine In McAlister's Deli
 1:30 Ice Cream Sandwiches ~ RV
 2:00 Love on Leash ~ RV

22
 10:00 Hymns & Praise W/ Lauren ~MD
 2:00 Thanksgiving Minute to Win it ~ MD
 3:30 Thankful Tree Craft ~ CW

23
 10:00 Cooking W/ Lauren Pizza Cupcakes ~ MD
 2:00 Battleship Pizza Box ~MD
 2:00 Pizza Party ~ CW
 Pizza Theme Day

24
 10:30 Bingo ~ MD
 1:15 The Bingo Store ~ MD
 2:00 Let's Make Slime ~ MD
 6:00 Movie with Sarah ~ CW

25
 9:45 Bible Video ~ MD
 10:30 Joel Osteen Service ~ MD
 2:00 Sign Language Class~ MD

26
 10:00 Rosary ~ MD
 10:30 Video Travels St. Louis Zoo ~ MD
 2:45 Bingo~ MD

27
 10:00 Music Therapy ~ CW
 10:30 Trivia ~ MD
 1:30 Pretty Nails- A/D -CA
 2:00 Catholic Mass -MD

28
 9:30 Bible Study W/ Larry ~ MD
 10:00 Stories and Poetry ~ CW
 10:30 Bingo-MD
 1:45 Lutheran Service ~ MD
 2:00 Ice Cream Cart
 Ice Cream Sandwiches ~ RV

29
 10:00 Hymns and Praise - MD
 2:00 Resident Volunteer Meeting ~ MD
 2:45 Tech Questions W/ David ~MD
 3:30 Door to Door Reading Material - RV
 3:45 Book Club ~ MD
 3:45 Bowling ~ CW
 6:30 Evening Bingo ~ MD

30
 10:00 Surprise Party ~MD
 2:00 Monthly Birthday Party ~MD
 Shopping List Due to Social Service



Programs, times, and locations subject to change

Large Print Books and Independent activity supplies are always available in the Common Area.

Individualized programming and Door to Door Visits are offered weekly.



Cooking Class— Cupcakes with Lauren

We made Zombie Brain Cupcakes, a green vanilla cupcake 'head' filled with strawberries 'guts' topped with a cream cheese whipped cream frosting 'brain', drizzled with strawberry juice as 'blood'. Residents helped add ingredients and mix the cupcake batter, ingredients to mix the whipped cream cheese frosting, slice strawberries and build the cupcake liner decorations.

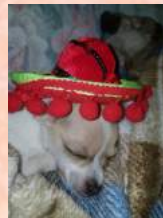


We are looking forward to more cooking classes with Lauren!

Halloween Highlights

Thank you, to all who dressed up and helped with our Halloween celebrations!
A huge thank you to Jean Preall and Thrivent Financial for helping up put together and have an over the top Halloween Bingo Party.

Our large events and Wednesday bingo could not be possible with out our other volunteers Jeanette and Carol, Thank you!
Another pat on the back and thank you to Walter for music and Rosa for spooktacular treats at our Trick-or-Treat event
We love getting to see our furry friends in costume too. Thank you to our partners for showing off their furry friends.



Dementia Communication Lesson 7 — Yes and...

We have spoken about improv and how to make your partner look good. Let's discuss the core of Improv, yes and.

What would it be like in a place where yes, everyone understood you, yes, they see where you are coming from. Yes, I have seen this before. How glorious would it be to be understood by everyone all the time? When someone is confused and they can not express themselves in a way the world "deems appropriate" it can be soul crushing. Yes, and encourages interaction with out shame or worry.

How do we do this?

Start by just agreeing and saying yes. That's it. **YES.**

Second be in agreement of the emotions they are feeling is a bit more difficult. Make sure you are in agreement with their feelings and yes, you understand and agree with what they are feeling.

Third be in agreement physically. Check your body language. Are you communicating that you agree or are in a hurry?

Example: In the community I work in, it was set up so that a resident could walk all day long if they wanted to. Betty enjoyed walking and this is often what she did. She would not stop to eat most of her meals. One day a caregiver decided to join her on her walk, walking at her pace. She began to talk with her about her day and reached out to hold Betty's hand. They walked hand in hand for a few minutes and slowly started to decrease the walking pace. The care giver asked if she could smell anything? Betty responded and they talked about what it smelled like and asked if she was hungry. The caregiver then asked if she would like to have lunch with her, which Betty agreed. They ate together. All that caregiver did was being in agreement of what was happening in the moment.

And...

Yes should almost always be followed by and. Yes, I agree this dinner smells great! And...would you like to join me?

Yes, it is cold here. And...would you like to get a blanket?

Yes, there are monkeys in the trees. And...what color are they?

Yes, I saw President Ronald Regan this morning. And.. What do you think he was doing here?

Yes, I like to go skiing. And...its always so cold.

These are the two words that should be a foundation for conversation and interaction with our loved ones with dementia.