

Locations

(CA)– Common Area
 (MD)—Main Dining Area
 (CW)— C Wing
 (RV)- Room Visits
 (CY)- Court yard



Locations

(CA)– Common Area
 (MD)—Main Dining Area
 (CW)— C Wing
 (RV)- Room Visits
 (CY)- Court yard

Sun Mon Tue Wed Thu Fri Sat

| | | | | | | |
|---|--|---|---|---|--|---|
|  |  |  | <p>Resident Volunteer Schedule</p> <p>1) Blanket Making 15) Easter Baskets 22) Backpack Making 29) Diaper Cake</p> | <p>1 10:00 Hymns and Praise - MD 10:00 Cooking Club ~ CW 2:00 Resident Volunteer ~MD 3:30 Door to Door Reading Material - RV 3:30 Bowling ~ CW 6:30 Evening Bingo ~ MD</p> | <p>2 10 Music with David Green ~ MD 2:00 Popular Irish Culture ~ MD 3:00 Spa Time ~CW</p> <p>Social Service Shopping List Due</p> | <p>3</p> <p>10:30 Bingo ~ MD 1:30 General Store Shopping ~ MD 2:00 Ice Cream Social ~ MD</p> |
| <p>4</p> <p>9:30 Bible Video ~ MD 10:30 Joel Osteen Service ~ MD 2:00 Travels W/ Emily ~ MD</p> | <p>5 10:00 Rosary-MD 10:00 Music W/ Walter ~ MD 10:45 Music and Memory W/ Walter ~ MD 2:00 Move to Music-MD 2:45 Bingo-MD</p> | <p>6</p> <p>9:45 Move to Music-MD 10 Yahtzee ~ CW 10:30 Activity Planning ~ MD 1:30 Pretty Nails ~ CA 2:00 Catholic Mass ~ MD</p> <p>Social Services Shopping Day</p> | <p>7</p> <p>10:00 Reminiscing ~ CW 10:30 Bingo ~ MD 1:30 Ice Cream Cart ~ MD 3:00 Harvest Ridge Children Visit~ MD Celebrate Dr. Seuss Birthday</p> | <p>8 10:00 Hymns & Praise ~ MD 10:00 Shamrock Painting ~ CW 10:45 Resident Council - MD 2:00 Hope Lutheran Communion Service ~ MD 3:30 Homemaking ~ CW 3:30 Door to Door Reading Material -RV 6:00 Pet Visit CA/RV</p> | <p>9 10:30 Music W/ Tom Anselm (new) ~MD Resident Buffett 2:00 Good Old Days Reminisce Social ~ MD 3:00 Spa Time ~CW</p> | <p>10</p> <p>10:30 Bingo ~ MD 1:30 General Store Shopping ~ MD 2:00 Movie and Popcorn "Walk The Line" ~ MD</p> |
| <p>11</p> <p>9:30 Bible Study ~ MD 10:30 Joel Osteen Service ~MD 2:00 Games ~ MD</p> <p>Daylight Savings Time</p> | <p>12 10:00 Rosary ~ MD 10:30 Balloon Volleyball ~ CW 11 Trivia ~ MD 2:00 Move to Music ~ MD 2:45 Bingo ~ MD</p> | <p>13</p> <p>10:00 Music Therapy ~ CW 10:30 Horse Racing ~ MD 1:30 Pretty Nails-CA 2:00 Catholic Mass -MD</p> | <p>14 10:00 Crafts and Holiday Fun ~CW 10:30 Bingo ~ MD ALLE Singers at Lunch 1:30 Ice Cream Cart ~ CA 1:30 Travel to Ireland ~ MD 3:00 Precious Memories ~ MD</p> | <p>15</p> <p>10:00 St. Pat's Day Celebration ~ CW 10:00 Hymns & Praise ~ MD 10:45 Food Committee ~ MD 2:00 Resident Volunteer Meeting ~ MD 3:30 St. Patrick's Craft ~ CW 3:30 Door to Door Reading Material -RV 6:00 Pet Visit CA/RV</p> | <p>16 10:00 Stuffing Easter Eggs For Leukemia & Lymphoma ~ MD 2:00 Watercolor Class W/Susie ~MD 3:30 Spa Time ~ CA Shopping List Due to Social Service Dine -in Due</p> | <p>17</p> <p>10:00 Bingo ~ MD</p> <p>2:00 St Patrick's Themed Family Easter Egg Hunt</p> |
| <p>18</p> <p>9:30 Bible Video ~ MD 10:30 Joel Osteen Service ~ MD 2:00 Arts And Crafts— Shamrock Dream Catcher~ MD</p> | <p>19 10:00 Rosary ~ MD 10:00 Music W/ Walter ~ CW 10:45 Music & Memory W/Walter ~ MD 2:45 Bingo ~ MD</p> | <p>20</p> <p>9:45 Move to Music ~ MD 10:00 Ridge Crest Baptist ~ MD 10:30 Ridge Crest Baptist ~ MD 1:30 Pretty Nails ~ CA 2:00 Catholic Mass ~ MD</p> <p>Social Service Shopping Day</p> | <p>21</p> <p>10:00 Music and Poetry ~ MD 10:30 Bingo ~ MD Dine In Llewellyn's 1:30 Ice Cream Cart ~ MD 2:00 Love on a Leash ~ RV 3:30 Warm Wash Up ~ CW</p> | <p>22 10:00 Hymns and Praise ~MD 11:15 Voter Absentee Registration W/ Kyra~ MD 10:00 Fill Easter Eggs & Craft ~ CW 2:00 Resident Volunteer Meet ~ MD 3:30 Door to Door Reading Material ~ RV 3:30 Pool Noodle Game ~ CW 6:30 Evening Bingo ~ MD</p> | <p>23 10 Sax and Piano with Chad Evens (New) ~ MD 2:00 Computer Class ~ MD 3:00 Spa Time ~CW</p> | <p>24 10:30 Irish Dancers from Clark Academy ~ MD 1:30 General Store Shopping ~ MD 2:00 Bingo ~ MD</p> |
| <p>25 9:30 Bible Study ~ MD 10:30 Joel Osteen Service ~ MD 2:00 TED Talks and Make Your Own TED Talks~ MD</p> <p>Theme Day TED TALKS</p> | <p>26 10:00 Rosary ~ MD 10:30 Coffee Chat ~ CW 11 Trivia ~ MD 2:00 Move to Music ~ MD 2:45 Texas Hold Em~ MD</p> | <p>27</p> <p>9:45 Move to Music ~ MD 10:00 Music Therapy ~ CW 10:30 Irish Truffle Cups ~ MD 1:30 Pretty Nails - CA 2:00 Catholic Mass - MD</p> | <p>28</p> <p>10:00 Sing Along ~ CW 10:30 Bingo-MD 1:45 Lutheran Service ~ MD 3:30 Card Social ~ CW</p> | <p>29 10:00 Hymns and Praise ~MD 10:00 Easter Celebration ~ CW 2:00 Resident Volunteer Meeting ~ MD 3:30 Door to Door Reading Material ~ RV 3:30 Coffee Chat ~ CW 6:30 Evening Bingo ~ MD</p> | <p>30 10:30 Piano Music W/ Rehka Devina ~ MD 2:30 Monthly Birthday Party ~MD 3:00 Spa Time ~CW Social Service Shopping List Due</p> | <p>31</p> <p>10:30 Bingo ~ MD 1:30 General Store Shopping ~ MD 2:00 Movie and Popcorn "The Searchers" ~ MD</p> |

Programs, times, and locations subject to change

Large Print Books and Independent activity supplies are always available in the Common Area.

Individualized programming and Door to Door Visits are offered weekly.



Meet the Intern—Mariah Brooks—Recreation Intern from Mizzou

Mariah Brooks joined NHC St. Charles in December for a short time, training in Recreation. She will graduate with a Health Sciences Degree with an emphasis in wellness and care. Her minor is in HSFS and Psychology.

She is a 21 year old senior at Mizzou who was born and raised in St. Louis. She enjoys hanging out with friends, dancing, and traveling with her family. She has a mom, dad, step, mom, and step dad. Natalie, who is 16, is her younger sister and Colin is 13 years old and her younger brother. They have two dogs named Miley and Roxy and a cat named Molly. Her nickname, given to her by family, is Ri.

She has been dancing competitively at Studio C and Movement Arts Center for 16 years and stopped when she left for college. She also danced for high school team for four years. Her team won first at Nationals and second the next year. They also won the FDC award and Peoples Choice award for the KAR Competition.

Her favorite foods include crab legs because it reminds her of vacations at the beach, Reese's peanut butter cups and Dr. Pepper. Her favorite movie is Wonder because it has such an amazing message behind it. She loved seeing the character become proud of himself and grow throughout the whole movie.

Her favorite holiday is Thanksgiving, because of all the food and family time. What motivates her to do a good job is the feeling of accomplishment and that she did her best.

Her favorite thing about NHC is the residents. She felt extremely welcome on her first day, and feel as if she has already formed relationships with so many of them.

Mariah has been a joy to have here at NHC St. Charles. When you see her smile and kindness light up the room. Thanks for all that you do, Mariah

