






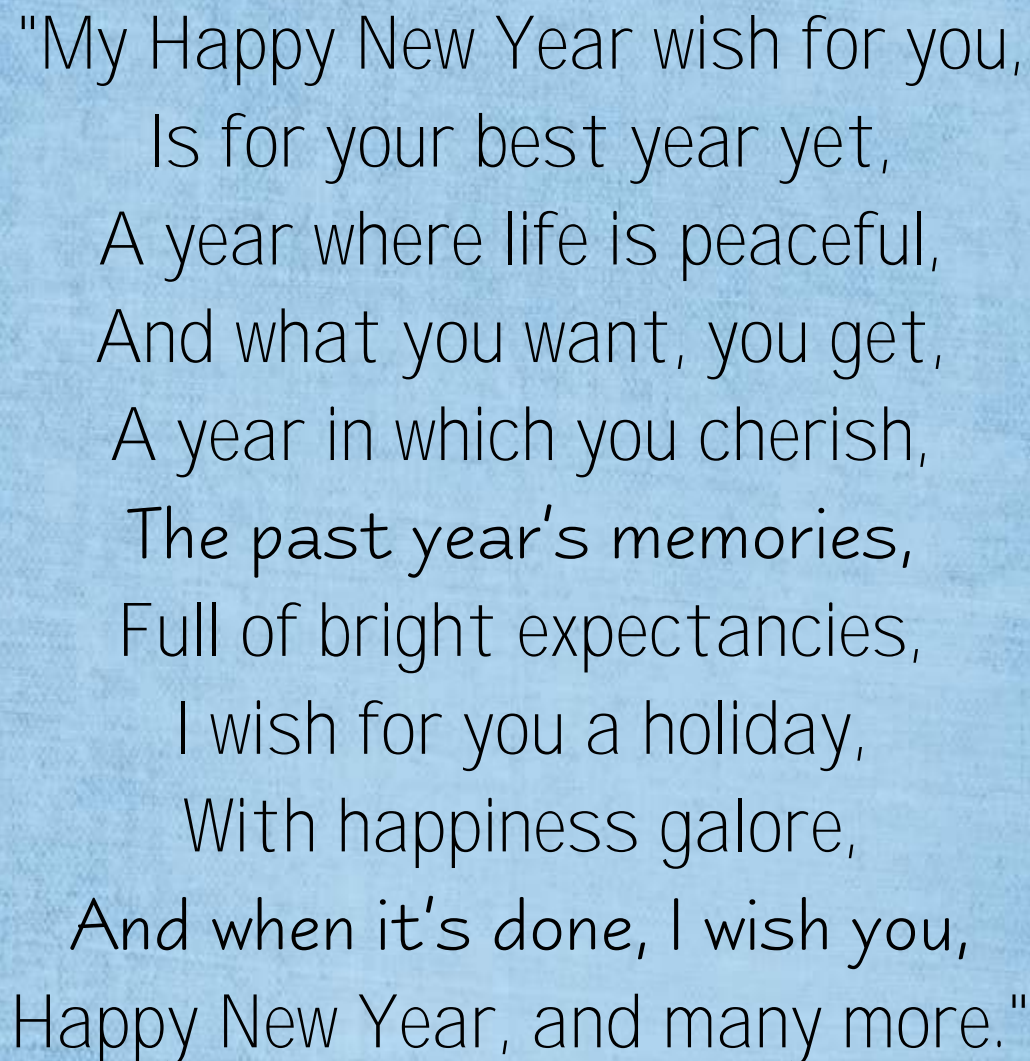




Vol. 16, Issue 1 January 2019

## New Year Poem 2019



"My Happy New Year wish for you,  
Is for your best year yet,  
A year where life is peaceful,  
And what you want, you get,  
A year in which you cherish,  
The past year's memories,  
Full of bright expectancies,  
I wish for you a holiday,  
With happiness galore,  
And when it's done, I wish you,  
Happy New Year, and many more."

Welcome, 2018. Wow! Another year, already. How time flies when you're having fun! Looking back at this past year's memories we have experienced numerous laughs and have been able to cross a few things off our bucket list. Our highlights include The St. Louis Zoo visits; stuffing 1000 eggs for the Leukemia and Lymphoma foundation, a food drive, donating to the Salvation Army, a successful Family Picnic in May, Thanksgiving Feast, meeting the St. Charles Mounted Police; and of course a visit from Santa. These were just the highlights!

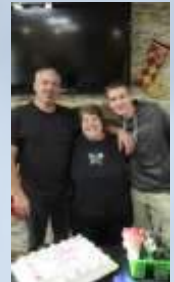
While our residents continue to set the bar for helping others, we do nominate one resident for Regional Resident Volunteer of the Year.

It is with great pride that we announce

## Grace McKenzie

as volunteer of the year!

Grace goes above and beyond to show everyone her endless love and compassion.



Our planning group meets at the beginning of the month, every month. They plan our monthly activities; everything from entertainment wants, dine-in restaurants, games, and more. They did an awesome job keeping everyone on their toes this year. Keep those ideas coming, ladies and gentlemen!



Helping others has been a focus all year long for our residents.

In December alone, our residents supported the Toys for Tots program in donating toys of their choice. We have also been working hard to make diaper cakes and blankets for the Crisis Nursery all year.

We look forward to helping other groups throughout 2019!



## Wel come

Sal I y Spehr  
 Ed Howel l  
 Mari on Stricker  
 Bette Maxwell  
 Barbara Taylor  
 Margie Scott  
 Betty Graham  
 Ethel Crump  
 Theresa Springmeyer  
 Joann Hopkins  
 Darlene Kifer  
 Gerald Montgomery  
 Carl Helton

## January Birthdays

Diana Mues	1/04
JEANETTE O'KEEFE-Bausch	1/05
Lillian wallut	1/05
Gerald montgomery	1/06
Wanda Trent	1/20
Joyce Kelly	1/24
Robert Granzow	1/29
Catherine Kemp	1/30
Amanda Donnelly	1/31

## In Memory

Lyla Lynch  
 Kathy Nixon  
 Betty Sams  
 Marilyn Leach  
 Donald Kelley  
 Molly Kientzy  
 Martin Rudloff

## Home

Ed O'Brien	Freida Alexander
Janie Turner	Ruth Schneider
Ed Howell	Nicala Wisniewski
Betty Graham	Patricia Leavy
	Barbara Taylor

# NHC St. Charles HealthCare

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Seth Peimann

Administrator

Stacy Arroyo

Director of Bookkeeping

Yolanda Nash

Health Info Services Director

Marniquce Campbell

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Nichole Bouchard

Director of Recreation

Wendy Conway

Director of Nursing

Kyra Luther

Director of Social Services

Donna Davis

Facility Rehab Coordinator

Karl Schnoor RD

Director of Dietary

Edward Oketch

Director of Maintenance

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Care is our business



## Jubilant January

Wednesday, Jan 9th @ 3pm

Harvest Ridge Children Visit.  
Intergenerational Reading  
Program

Friday, Jan 4th @ 10:30am

Music with Anita Rosemond

Wednesday, Jan 16th @ Lunch

Dine-in Pasta House.  
Order due by Friday Jan 11th

Friday, Jan 11th @ 10am

Music With David Green

Shopping list due to Social Service

Friday, Jan 18th

Pineapple Upside down cupcakes  
with Lauren

Friday, Jan 25th @ 10am

Music with Mixology (NEW)

Monday, Jan 7th & 21st @ 10am

Music and Memory With Walter.  
Bring a list of your favorite songs

Saturday, Jan 13h @ 2pm

Dance Performance

"The Art of Dance Studio"