

Easter

When: March 17th 2018 @ 2pm
Where: NHC St. Charles
35 Sugar Maple Lane
Saint Charles, MO 63303

Green themed for St. Patrick's Day this year!



Please see Nichole Bouchard (Activities Director)
with any questions!



Two Hunt Sites

small snack

giveaways



*** Balloon Twister***

Ages 3 and under

-2pm sharp indoors

Ages 4 and up *outside-weather permitting*

-at 2:15pm



What's Happening in Our Neck of the Woods:

March is here already! We had a blast in February, celebrating the multiple holidays and every day in-between. We are looking forward to celebrating Dr. Seuss birthday with Harvest Ridge on Wednesday, March 7 at 3. We will have games, food, and of course reading! Do you have a little one in your life that would have an interest in volunteering? NHC St. Charles has an array of young men and women who have started volunteering as early as 3 years old! If your kiddo has an interest in participating in our program, please see Nichole in recreation. We welcome one time and monthly scheduling.

Looking forward into March we have some great events happening that we would love for our families to join us in observing. First, we are again going to support the Leukemia and Lymphoma Society in their annual egg-hunt. Our residents, set yet another huge goal: to stuff 750 eggs for their event. Come join us as we will need all-hands-on-deck for this task on Friday, March 16, at 10 AM. If you would like more information on The LLS hunt please, visit lls.org/pages/gat/hunt

Our annual Easter Egg Hunt will be happening on Saturday, March 17, at 2pm. Bring the kids, grandkids, and even friends. Don't forget your baskets! We will serve light refreshments after our two-site egg hunt. One small area indoors will be reserved for those 3 and under who will hunt first at 2pm sharp, another site outdoors will be reserved for 4 and up after the indoor hunt, beginning at approximately 2:15. Please invite your friends!

Our favorite Irish Dancers, The McDonough Family, has officially retired with only one child left at home. The family was kind enough to put us in touch with their dance studio, Clark Academy, which has graciously agreed to continue the tradition to bring dancers to perform for us in March. They will join us, March 24, at 10:30! Thank you, Clark Academy. See their website, <http://www.theclarkacademy.com/> if you or someone you know has interest in learning this type of dancing.



Per resident request, Our Dine-In will be from Llywelyn's on March 21. Please be on the look-out for the form during the week of March 12. If you would like another copy of the menu order form, please see Rob or Nichole in Recreations.

Bring Those Ideas!

National Nursing home week will be upon us in May. The theme this year is "Life Stories" . We're brainstorming ideas for activities for the week along with entertainment and for our ending celebration, our annual Family Picnic. Should you have ideas or suggestions for this week or the picnic please send Nichole an email or drop by. We are always searching for new entertainment and ideas. If we cant fit them in the week we may use them throughout the year! Thank you in advance for all of your love and support all year but this week especially!



Purses with a Purpose

How many times have you left your purse or cell phone at home? How does that make you feel? Feeling of something missing, being anxiousness or worried would all be very common to most people. For someone with dementia or Alzheimer's, long-term memory and muscle memory tend to be easier to recall. Many people who spent years playing the piano can still play but would be unable to tell you where they are. This is very common due to muscle memory and music being a part of the long-term memory. The same for women who always had their purse. It makes you feel whole and it's an item that person may have had with them every day. It's always comforting to know you have your purse!



Know that we will be collecting handbags and purses for a program called "Purses with a Purpose". We will have many of the donated purses up for auction at our annual silent auction in August. The other portion of these purses will be given to female residents for comfort. Inside they will find a few of the items every woman needs in her life such as, as tissue, lipstick, snack, and other personal items of comfort. We will also be hosting activities focused on our purses. Should you find yourself cleaning out your closet, this new year please think of purses with a purpose. See Nichole recreation for more details.



Welcome

Marie Lyles
 Carl Helton
 Nora Bordeaux
 Juna Swyers
 Sharon Tharp
 Patricia Lytle
 Milton Mueller

In Memor y

Floyd Brinkmann
 Carol Lammer s
 Mary Schaefering
 Elvanita Buesher
 Sophia Di ugos
 Joyce Cal lanan

Home

Mayme Krape
 Geraldean Demas
 Phyllis Sweetland
 Martha Rogers
 Virginia Heitland

Birthdays

Catherine Bamert	3/04
Rose Bulus	3/05
Marie Lyles	3/10
Eugene Raxten	3/10
Lorraine Kesling	3/12
Evelyn Bischof	3/12
Maddie Cardwell	3/14
Peggy Goodman	3/15
Bernice Studt	3/20
Orlo Summers	3/21
Jelane Bragen	3/22
Donna Dioneda	3/29
Catherine Lottman	3/31

NHC ST. CHARLES

35 Sugar Maple Lane
St. Charles, MO 63303

Seth Peimann	Administrator
Stacy Arroyo	Director of Bookkeeping
Yolanda Nash	Health Info. Services Director
Marniquce Campbell	Dietary Manager
Nichole Bouchard	Director of Recreations
Wendy Conway	Director of Nursing
Kyra Luther	Director of Social Services
Aleshia Pettigrew	Environmental Services Director
Donna Fowler	Facility Rehab Coordinator
Karl Schnoor RD	Director of Dietary
Edward Oketch	Director of Maintenance

Phone: 636-946-8887

Fax: 636-946-4718



Marvelous March!

Friday, March 2nd @ 10:00am
Music With David Green

Friday, March 16th @ 11:30
Stuffing Easter Eggs For
Leukemia and Lymphoma Society

Wednesday, March 7th @ 11:00am
Harvest Ridge Children Visit
Dr. Seuss Birthday Celebration

Friday, March 23rd @ 10am
Sax and Piano With Chad Evens
(NEW)

Friday, March 9th @ 10:30am
Music With Tom Anselm (NEW)

Saturday, March 24th @
10:30am
Irish Dancers From Clark
Academy

Saturday, March 17th
@ 2pm
NHC St. Patrick's Themed
Easter Egg Hunt!!

Friday, March 30th
Piano Music with Rehka Devina

Check out front page for more info!



Happy Easter!



Wednesday, April 4th
@ 3pm
Interactive weather with
Mike Roberts!