

Locations

(CA)– Common Area
(MD)—Main Dining Area
(CW)— C Wing
(RV)- Room Visits
(CY)- Court yard



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(MD)—Main Dining Area
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Sun

Mon

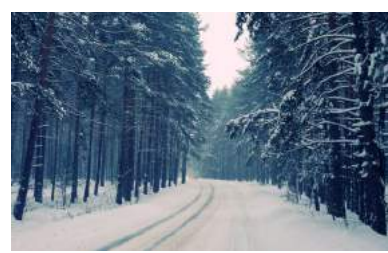
Tue

Wed

Thu

Fri

Sat



1

10:30 Bingo ~ MD
1:30 The Bingo Store ~ MD
2:30 Arts and Crafts—
Christmas Gifts ~ MD

2
**9:45 Bible Study
W/ Lorrie ~ MD**
10:30 Joel Osteen Service ~MD
2:00 Sign Language Class
Christmas Songs ~ MD

3
10:00 Rosary-MD
10:00 Music W/ Walter ~ CW
10:45 Music W/Walter ~ MD
1:30 Arts and Crafts
Snowflakes~ MD
2:45 Bingo -MD

4
10 Music Therapy ~ CW
10:30 Activity Planning ~ MD
1:30 Pretty Nails B/C ~ CA
2:00 Catholic Mass ~ MD
Social Services Shopping Day

5
10:00 Yarn Ornaments ~ CW
10:30 Bingo~ MD
**2:30 Harvest Ridge
Children Visit
Cookies and Snowflakes**

6
10:00 Hymns & Praise ~ MD
10:30 Balloon Volleyball ~ CW
2:00 Resident Volunteer
Meeting ~ MD
3:30 The Smells of Xmas ~ CW
3:30 Door to Door Reading
Material -RV

7
8:45 Exercise ~ MD
**10:30 Peppermint Mocha
Cupcakes
W/ Lauren~ MD**
**2:00 Video Travel To Main
Street St. Charles ~ MD**
2:00 Stories and Poetry ~ CW

8
10:30 Bingo ~ MD
1:15 The Bingo Store ~ MD
2:30 Exotic Fruit Tasting ~ MD
6:00 Movie with Sarah ~ MD

9
**9:45 Bible Study
With Lorrie~ MD**
10:30 Joel Osteen Service ~ MD
2:00 Arts and Crafts—
Christmas Gifts ~ MD

10
10:00 Rosary ~ MD
10:00 Music W/ Walter ~ CW
10:45 Music & Memory
W/Walter ~ MD
2:45 Bingo ~ MD

11
10:00 Music Therapy ~ CW
10:30 Dear Abby ~MD
1:30 Pretty Nails— A/D -CA
2:00 Catholic Mass -MD

12
9:30 Bible Study W/ Larry ~ MD
10:00 Arts and Crafts ~ CW
10:15 Children Music ~ MD
10:30 Bingo ~ MD
1:30 Ice Cream Cart ~ RV
**3:00 Precious Memories
Choir~ MD**

13
10:00 Hymns & Praise ~ MD
10:45 Resident Council - MD
2:00 Resident Volunteer ~ MD
3:30 Bowling ~ CW
3:30 Door to Door Reading
Material -RV
6:00 Pet Visit ~ RV

14
8:45 Exercise ~ MD
**10:30 Music W/
Winter Kiss ~ MD**
2:00 Travel To Bermuda ~ MD
2:00 Snowman Golf ~ CW

**Shopping List Due to
Social Service
Dine in Due**

15
10:30 Bingo ~ MD
1:30 The Bingo Store ~MD
**2:30 Covent of Grace Church
Singing Carols ~ MD**

16
**9:45 Bible Study
With Lauren~ MD**
10:30 Joel Osteen Service ~MD
**2:00 Hammond Family
Sing Along ~ MD**

17
9:30 Rosary ~ MD
**10:00 STL Strutters
Dance Group~ MD**
1:30 Higher or Lower ~ CW
2:45 Bingo ~ MD

18
10:00 Ridge Crest Baptist ~ CW
10:15 Ridge Crest Baptist ~ MD
1:30 Pretty Nails B/C ~ CA
2:00 Catholic Mass ~ MD

Social Service Shopping Day

19
10:00 Graham Cracker Houses~CW
10:30 Bingo~ MD
DINE IN Grandmas Cookies
1:45 Lutheran Service ~ MD
2:00 Love on Leash ~ RV
3:00 Exercise ~ MD

20
10:00 Hymns and Praise ~MD
10:30 Food Committee ~ MD
**2:00 Partner Holiday Party
W/ David Green ~ MD**
3:30 Door to Door Reading
Material ~ RV
6:00 Pet Visits ~ CA/RV

21
8:45 Exercise ~ MD

**10:30 Alice the
Thinking Dog~ MD**

2:00 Library to You ~ MD
2:00 Ceramics W/ Susie ~ MD

22
10:30 Bingo ~ MD
1:15 The Bingo Store ~ MD
2:00 Men's Group ~ MD
6:00 Movie with Sarah ~ MD

23
9:45 Bible Video ~ MD
10:30 Joel Osteen Service ~ MD
2:00 Wrapping Gifts ~ MD

24
**10:00 Christmas
Celebration With
Santa and Walter**

**2:00 Christmas
Charades ~ MD**

25
Merry Christmas
9:45 Christmas Videos ~ MD

10:00 Share the Love
Christmas Game ~ MD

26
9:30 Bible Study W/ Larry ~ MD
10:00 Music Movement ~ CW
10:30 Bingo-MD
2:00 Ice Cream Cart ~ RV
3:00 Exercise ~ MD

27
10:00 Hymns and Praise ~MD
1:30 Learn about SeaWorld ~MD
3:30 Door to Door Reading
Material ~ RV
3:30 Yahtzee ~ CW
6:30 Evening Bingo~ MD

28
8:45 Exercise ~ MD

**10:00 Paul Hertenstein
Piano Music ~ MD**

2:00 Monthly Birthday
Party ~MD & CW

29
10:30 Bingo ~ MD
1:15 The Bingo Store ~ MD
2:00 Yahtzee~ MD

30
9:45 Bible Video ~ MD
10:30 Joel Osteen Service ~ MD
2:00 Hot Apple
Sundae Social~ MD

31
10:00 Rosary ~ MD
10:30 2018 Best Moments ~ CW
2:45 Bingo~ MD
**6 Evening Movie and Celebration
Happy New Year**

Programs, times, and locations subject to change

**Large Print Books and Independent activity
supplies are always available in the Common Area.**

**Individualized
programming and
Door to Door Visits
are offered weekly.**



Our Secret Santa book is out at the front desk. Should you feel inclined to adopt a resident, please do so! If you would prefer to donate a gift for our "Secret Christmas Angels" or partners who will wrap and distribute gifts according to residents preferences, you may do this as well by simply dropping off a gift off this list.

Holidays are a tough time trying to choose the right gift for a loved one. Here are a few ideas that have been told are helpful.

- Items to keep warm: lap blankets, sweaters, large banded socks, a "Snuggie"
- Stuffed Animals
- Baby Dolls: for those w/ moderate to late stage Alzheimer's Disease (see nurse)
- Calendars w/ Important Dates: family members' birthdays, anniversaries, phone numbers, etc)
- Family Photo Albums: label pictures for those with Dementia
- Large Print Crossword & Word Search Books
- Large Jig-Saw Puzzles: no more than 100 pieces
- Electric Razors for Men
- Wristwatches: digital or w/ large numbers; talking watches are great for those with impaired vision
- Fleece Lined, Easy-On Slippers. Slip on sock slippers WITH grips at the bottom
- Nightlights
- Clocks: those that show day, date, & time
- Reminiscence Movies or CDs: old time music, commercials, tv programs, etc
- New Bed Linens: comforters, spreads, or throws are great!
- Perfumes for the ladies & colognes/after shave for the men
- Air Fresheners: no liquid diffusers as some residents may try to drink them
- Jewelry: costume bracelets, rings, necklaces, etc
- Hair Accessories: Brush & Comb Sets, barrettes, hairspray, etc.
- Large Print Novels
- Art to brighten up rooms
- Favorite Candies/Snacks: ask a nurse about these!
- 3 or 6 month Magazine Subscription
- Post cards through apps such as touchnote or postgram or Emails throughout the year. Nichole.bouchard@nhccare.com. These emails including pictures will be handed out just like mail
- Comfort neck wrap/pillow

For a loved on with Alzheimer's it may be even harder to find just the right item. Here are a few ideas:

- Comfort dolls or stuffed animals
- Fiddle muff or fiddle blanket
- Ipod with preloaded music, cd player, radio for music and memory program see musicandmemory.org
- Other items and ideas can be found at <https://store.best-alzheimers-products.com/>

You can also find similar items handmade on etsy and other sites. There are also great games and talking points to use when you visit your loved one.

Keep in mind that just because a product is labeled for dementia or Alzheimer's does not mean that someone with out memory is-sues could not benefit.

Please remember to always put your loved ones or adopted residents name on items!!!

Happy Holidays