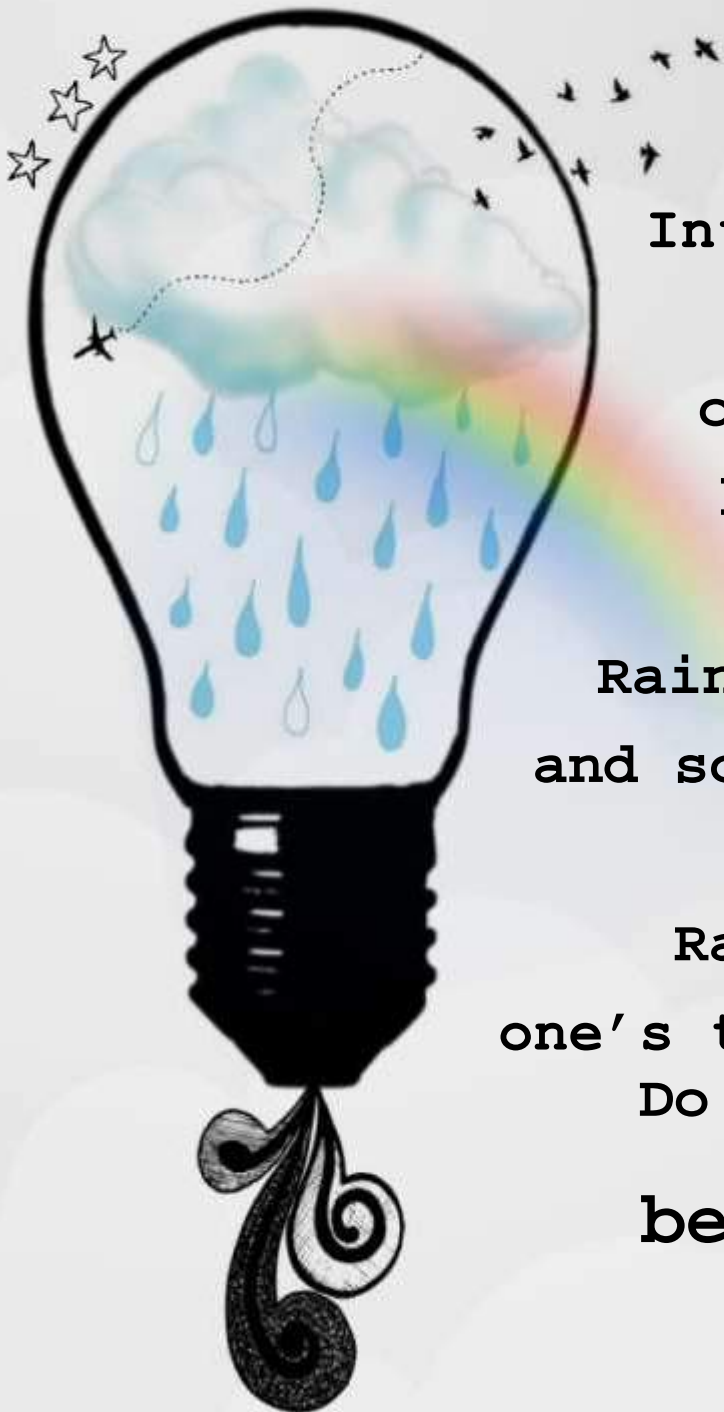


April showers bring May flowers...



Into everyone's life rain will fall, for it is only with the rain can beautiful flowers and trees flourish.

Rain washes away the dirt and soot left from unsettled earth.

Rain quenches not only one's thirst, but one's soul. Do not curse the rain, be thankful for it.

Spring is finally here! We are looking forward to nice weather and getting outside. Until then **we have been cooking up some great events in March. We celebrated Dr. Seuss's birthday by** playing a game of one fish two fish. In this game we used colored Pepperidge farm goldfish and sorted them by color as fast as we could. We also gave away truffla pens to staff and residents.

These were colorful pens with pompoms on top to look like Dr. Seuss's truffla trees seen in many of his books but The Lorax in particular. Karl the dietician read us The Cat in the Hat, Beth the pain-management nurse read The Shape of Me and Other Things, Nichole in recreations read The Foot Book. Rob tuned us into some animated Dr. Seuss short films, and we had a great time reminiscing about these books and looking back through them in our Dr. Seuss-themed ice cream parlor.

For all of our popcorn lovers we celebrated National Popcorn Lover's Day on March 12. We tested our distance popcorn throwing, popcorn toss accuracy, and how many kernels we could drop from shoulder level into a bowl. Then, of course, we enjoyed our own bowls of popcorn. **Peggy G. commented, "We do silly things, don't we?" Rose W. said "It sounds easy but it's not!"** We all got a good laugh and had a great time.

Thank you to all residents, staff, and families who helped stuff 2,000 Easter eggs this year. 1,500 eggs and candy were purchased by Resident Council and donated to the Leukemia and Lymphoma society for the Hunt for The Cure. **The Leukemia & Lymphoma Society's Gateway Chapter (LLS) will be hosting its 5th Annual Hunt for a** Cure family egg hunt on Saturday, April, 4 from 11 a.m. to noon in Queeny Park.

The LLS Bunny will arrive via St. Louis Children's Hospital Kids Flight helicopter to greet thousands of children who will be hunting for 60,000 eggs filled with toys and wrapped candies stuffed by 55 area senior centers. Hidden in each of the four age-appropriate bunny trails, there will be an egg containing a golden ticket with a spring wardrobe gift certificate. Other egg-citing activities include appearances from our favorite nursery rhyme characters, face painting, educational health booths, a petting zoo, pony rides and photo opportunities with the LLS Bunny. Cost is \$10 per family and proceeds will stay in the community to benefit local patient services and blood cancer research. Pre-registration is available online and strongly encouraged. To register or for more information call (314)-590-2230 or visit lls.org/pages/gat/hunt.

Another 500 eggs were used at our annual facility egg hunt. We had beautiful weather, Girl Scout cookies, lemonade in bunny cups, and a blast! Residents and families gathered in the main dining room to watch those four and under hunt for eggs. We then went outside for the older children to hunt. Thank you, staff, for helping our residents make it outside to watch this event. Congratulations to our four Easter basket winners and thank you, families and staff, for making this Easter so wonderful!

We rounded out the month with a 50's Flashback Friday.

Staff was great about wearing their best 50's outfits. Residents and staff enjoyed a photo booth complete with props such as big hair, poodle skirts, and glasses. We **watched the movie "Grease" in the morning and enjoyed** root-beer floats, popcorn, and chips served in record bowls. This brought back many great memories, and Jeanette O. **said, "Those costumes look great!" Carla Leach, the wound-care nurse said, "The photo booth was great and thanks for always making it fun." "I think everyone** enjoyed rehashing the past and it brought back good **memories from that time period."** -Rob-Recreations



Springing into April we will celebrate Easter on the 5th with Easter Service to begin at 10:30 with Pastor Jody Van Dyke followed by Easter Egg Bingo and Twin Rivers Church at four.

Fred Bird comes back on Wednesday, April 8, at 10:30. Come join us for some fun, games, and snacks as we celebrate opening week for the St. Louis Cardinals.

Dine in this month will be from Jimmy Johns on the 29th at 11:30; the order form will be due April 23. See Recreations to place your lunch order or for questions.



In Memory
Edward Stiften
Barbara Wieland
Virginia McGuire
James McHargue
Dorothy Taylor
Eugene Knoblauch

Birthdays

Alline Good	4/01
Robert Harling	4/03
Othella Tanner	4/04
Nellie Rine	4/10
Elmer Borchers	4/15
Melva Arnold	4/23
Peggy Burnett	4/26
Eileen Demling	4/28
Betty Holt	4/29
Betty Kuhlmann	4/30



WELCOME
LLYOD SWAFFORD
BILLIE JEAN WOOD
WALTER LONGHENRICH
CAROL LAMMERS
MARIAN BARKLAGE
DANIEL GROSSMAN
WILLIAM KACHUBA
MARIAN BROWN
FRANCES KUTZNER
ANGELO LAURY
BARBARA WALTERS
JEAN BROCKMANN
EVELYN BURNS
ROBERT HARLING
ROBERT ARROYO



Home
James Brooks
Mary Gardner
Vickie Wanzek
Pat Poindexter
Fannie Krebec
George Volkman
Brigida McHargue
Margaret Dey
Vicky Hagl
Delma Vaughn
Lina Heckel
Donald Krigbaum

NHC ST. CHARLES

35 Sugar Maple Lane
St. Charles, MO 63303

Seth Peimann	Administrator
Stacy Arroyo	Director of Bookkeeping
Yolanda Nash	Health Info Services Director
Marniquce Campbell	Dietary Manager
Nichole Bouchard	Director of Recreations
Jan Radcliff	Director of Nursing
Kyra Luther	Director of Social Services
Aleshia Pettigrew	Environmental Services Director
Donna Fowler	Facility Rehab Coordinator
Karl Schnoor RD	Director of Dietary
Bill Chick	Director of Maintenance

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Awesome April !

Join Us for FRED BIRD!
St. Louis Extravaganza!
4/8/2015 @ 10:30am

Friday, April 3rd:

10:30am Dying Easter Eggs
2:00 Cooking Club: Deviled Eggs

Sunday April 5th:

10:30 Easter Service

Friday, April 10th:

10:30am Travel to China with
Leo and Paula
Resident Buffet @ 11:30am

Friday, April 17th:

10:30am Music with Piano Man
Lynn Wellman

Monday, April 20th:

**SHOPPING LIST DUE TO SOCIAL
SERVICES

Monday, April 21st:

**SOCIAL SERVICES SHOPPING DAY

Thursday, April 23rd:

DINE IN ORDERS DUE!!!!!!

Friday, April 24th:

10:30am St. Louis Strutters

Wednesday, April 29th:

11:30am Dine in with Jimmy Johns